

KS-OK State Champ Team Camp



2017

July 7-9




Designed for teams and individuals who desire a highly competitive, championship oriented team camp. All aspects of what it takes to become a state champion and beyond will be covered, with special attention to the psychological and physical development of each team and individual wrestler. Campers and coaches will be exposed to technique from some of the nations most accomplished wrestlers. Former and current Oklahoma State wrestlers along with other college wrestlers & coaches will lead all training sessions and give their in-depth knowledge of what it takes to become the best. Campers will have an excellent opportunity to learn how to train like a champion and become

one at a price that is unlike any other.

- **Train like the best, with the best at the KS-OK State Champ Team Camp!**

The purpose of the KS-OK State Champ Team Camp is to bring the best technique in the country to Kansas and Oklahoma while maximizing the number of live matches over a three day period. All activities will be held in Ark City High School. Wrestlers will sleep on the mats and all meals will be provided. This camp offers middle school and high school wrestlers a low cost alternative to big college dual camps without sacrificing the quality of instruction.

CAMP DIRECTORS: Greg Buckbee, greg.buckbee@usd470.com, 620.506.2254
Pat Burton, patrick.burton@usd470.com, 405.762.0423

Camp Clinician	Camp Clinician	Camp Counselor
 <p>Anthony Collica Three-time state champion 4X Big 12 Champion NCAA All-American</p>	 <p>Chris Perry OSU Assistant Coach 2x NCAA Champion 3x NCAA All-American 4x Big 12 Champ</p>	 <p>Nick Piccininni Four-time New York state champ Big 12 Champ NCAA All-American</p>

Schedule

Day 1		Day 2		Day 3	
8:00-9:00	Check In	8:00-9:00	Technique and Drill	8:00-10:00	Technique and Drill
9:00-11:00	Camp Overview, Technique and Drill	9:00-10:30	Live Team Duals	10:00-11:00	Technique Review
12:30-1:30	Technique and Drill	12:30-1:30	Technique and Drills	11:00-1:00	Dual Championships
1:30-3:00	Live Team Duals	1:30-3:00	Live Team Duals		
5:00-6:00	Technique Review and Drill	5:00-6:00	Technique Review and Drills		
6:00-7:30	Live Team Duals	6:00-7:30	Live Team Duals		

RESERVE YOUR TEAM SPOT TODAY

Only Accepting the first 150 registered wrestlers
 \$85 PER WRESTLER (10 WRESTLER MIN) \$100 PER Individual
 First coach free, any others \$25.
 \$25 deposit per wrestler.
 Check in July 7, 8:00 – 9:00 am
 Camp Store
 Coaches Social/Activities for Wrestler's
 Certified Athletic Trainer on Site

Items to bring:

- Wrestling Gear
- Extra Clothes
- Water Bottle
- Sleeping Bag/Blanket/Pillow
- Air Mattress
- Shower Essentials
- Swim Trunks
- Lock

 Mail to: Greg Buckbee, 1200 West Radio Lane, Arkansas City, KS 67005
 (Make checks payable to ACHS Wrestling)

Name:		Age:	Weight:
Address:			
City:		State:	Zip:
Home Phone:	Grade in Fall 2017		
Email:		Team attending with:	
Parent(s) / Guardian(s):			
Emergency Contact:		Contact's Phone:	
Please note medical problems:			

WAIVER & RELEASE AGREEMENT: Upon acceptance of this application, I hereby waive and release any and all rights and claims for damages I may have against the KS-OK event, all its employees, agents, USD #470, and the Ark City Recreation Center on account of any injuries or illness sustained by my child while attending camp/tournament. I authorize the director of the camp or his/her designee to select hospital facilities and/or physician of his choice and authorize treatment if it becomes necessary as a result of participation in any KS-OK event.

Parent/Guardian Signature:	
Date:	
Name of Insurance Company:	
Company Address:	
Policy Number:	Policy Owner:

For Office Use Only

Date Received	Amount Deposited	Balance Due	Balance Paid