

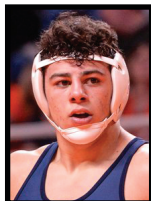


Gardner Youth and Community Programs presents 2018 IRON ELITE WRESTLING CAMPS



CAMP 4 ~ KANSAS ~ JUNE 23 & 24 TEAM CAMP

Gardner Edgerton HS 425 N. Waverly Rd, Gardner, KS 66030



VINCENZO JOSEPH
2x National Champion for PSU

- BUCK WATKINS**
WPAC Coach of the Year/Mindset Coach
- MATT WEMPEN**
IA State Champion
- STEVE FARRELL**
IA State Place Winner
- ANTONIO CHILTON**
Former Cross-Fit & Power-Lifting Champ
- FORREST MARX**
Former Nationally Ranked in College
- JAKE WALTER**
HS All-American

JUNE 23

- Noon-1pm: Check-in
- 1-3pm: Technique Session 1
- 3-5pm: Duals #1 and #2
- 5-6pm: Supper Break
- 6-7pm: Technique Session 2
- 7-8:30pm: Duals #3

JUNE 24

- 7:30-9am: Elite Session
- 9-11:00am: Technique Session 3
- 11-11:30am: Autographs
- 11-Noon: Lunch Break on own
- 12:30-2pm: Drill session with Wempen
- 2-3pm: Mindset Training/Goal Setting with Buck Watkins
- 3-5pm: Duals #4 and #5

NOTE:

Coaches & Parents welcome with paid Athlete must sign the zero tolerance policy!

Elite Session will be \$20 flat fee extra per camp! Elite sessions are extra technique sessions at camp!

Teams of 10 or more get \$10 off per Athlete! If you attend 2 or more camps \$5 off per Athlete! No refunds! Bounced Checks \$25 extra fee!

Overnight campers must be in 6th-12th Grades! Commuter campers can be in K-12th Grades!

If you do not have a team for camp we will put you on one! We will have wrestling apparel/gear on sale both days!

Please mail-in entry fee and waiver 1 week before camp to get the discounts!

INDIVIDUAL WRESTLER FORM - THIS FORM MUST BE FILLED OUT BEFORE YOU CAN WEIGH-IN/WRESTLE | CUT AND MAIL-IN

Name: _____ Address: _____ Cell Phone: _____
 Email Address: _____ City: _____ Zip: _____ Grade: _____
 Team: _____

Camp Phone number- 515-689-9188 | Camp
 Email Address- ironelitewrestling@gmail.com
 | Make checks payable to: Iron Elite Wrestling
 Please mail all entry fees and camp wavers to:
 Attn: Mr. Chilton, Iron Elite Wrestling, 1011 W.
 Boston Ave., Indianola, Iowa 50125

Circle one Overnight or Commuter Circle one Elite Sessions yes or no
 Weight Class : _____ Circle one - Is your team coming to camps/event: yes or no
 Circle one Wrestlers Ability - Beginner Average Elite

I certify my child has been cleared by a physician and hereby give my permission for any and all activities involved in the Iron Elite Team Strength/Wrestling . I further waive any legal action against Iron Elite Strength/Wrestling, Host Schools and its employees for injuries my child may incur.

Parent's Signature: _____ Date: _____
 Parent's Cell phones number in case of emergency: _____
 Wrestler health concerns: _____

Mail-in \$100 commuter per Athlete and Walk-in
 \$150 commuter per Athlete Lodging on own!
 Email for host hotel and meal options!